

Odaminmaatig



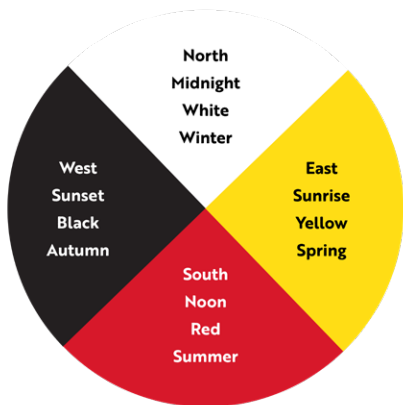
“TO PLAY UNDER A TREE”
IN ANISHINAABEMOWIN

ODAMINMAATIG SHARES ANISHINAABE CULTURE, TEACHINGS AND KNOWLEDGE INTERPRETED BY TESSA SHANK, MULTIDISCIPLINARY ARTIST AND NIPISSING FIRST NATION BAND MEMBER.

MEDICINE WHEEL TEACHINGS

Represented by four colours and four directions, there are many teachings within the Medicine Wheel.

Odaminmaatig has four sides. Each represents a direction of the Medicine Wheel and shares teachings and knowledge rooted in each side.



The Medicine Wheel helps us to understand that everything in life is cyclical.

This cycle can be the cycle of a single day, of the seasons, of the sun and the moon.

It is a reminder that everything in life is connected.

THE SEVEN GRANDFATHER TEACHINGS...



... Are shared values practiced by many First Nations peoples across Turtle Island. Odaminaamatig is an interpretation from the Anishinaabe perspective.

These teachings are VERBS, considered as actions that you do and act out.

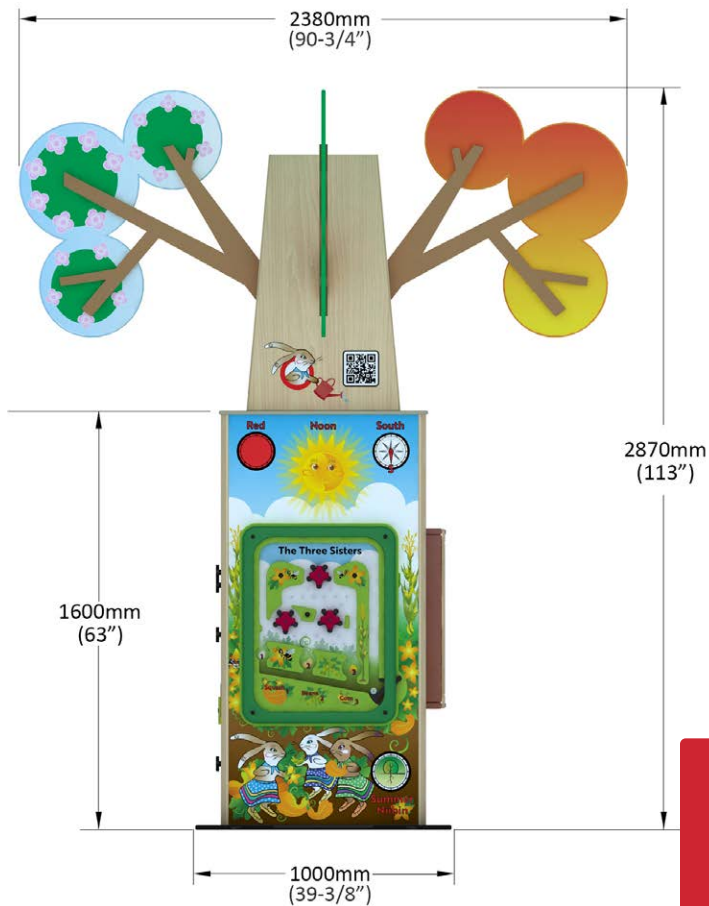
In no particular order: the teachings are: courage, love, humility, wisdom, honesty, respect and truth. Truth is representation of all the teachings together.

ODAMINMAATIG IS CUSTOMIZED TO HIGHLIGHT AND SHARE THE CULTURE AND TEACHINGS THAT REFLECT THE FIRST NATION, INUIT OR MÉTIS PEOPLES OF A SELECTED TERRITORY.

WE WORK WITH ELDERS AND KNOWLEDGE KEEPERS OF THE DESIRED REGION OR TERRITORY, TO ENSURE THE CREATION OF MEANINGFUL AND IMPACTFUL LEARNING EXPERIENCES THROUGH PLAY.

Ziigwan Spring





Niibin
Summer



Dgwaagig
Autumn

Biboon Winter



Tessa Shank

Multidisciplinary Artist | Traditions of time
immemorial through an ultramodern lens



- Nipissing First Nation band member, residing in Toronto
- OCADU Alumni
- Currently working in public art & First Nation place keeping

My concepts are inspired by Anishinaabe narratives, ethnobotany, and our connections to the sky, water and land. My practices explore processes and mediums, with current focus on digital illustration and 3D rendering. Addressing how to reflect my modern lifestyle while respecting and honouring the traditions of the past, I am reinterpreting my heritage in a question of traditional versus contemporary. The juxtaposition of technology and nature, of the past and the present. This has led my practice to the concept of "Traditions of time immemorial through an ultramodern lens".

www.tessashank.com | www.instagram.com/tessashank

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